

Waves Night at Loaves & Fishes

May 7th is the first Waves Night at Loaves & Fishes Food Pantry. All interested Waves swimmers can gather at the food pantry from 6 to 7 p.m. to assemble food bags for Naperville area seniors. Waves Night is a fun way for us to get together and another opportunity to give back.

Waves Night will be held one Wednesday evening per month, depending on the Loaves & Fishes need schedule. The first Waves Night is May 7th and the second is Wednesday, June 4th. Other dates will be forthcoming.

Because Loaves & Fishes counts on donations from the community, please consider bringing some items for the senior bags.

The following items are needed in particular:

Food items that have low sodium and/or low sugar: soup, canned chicken, oatmeal, cold cereal (Cheerios are good)

Ensure (rarely donated but some seniors like it)

Tea, Jell-O, mashed potatoes, soft foods

Dentures cleaners and pads - highly requested

Loaves & Fishes is located at 556 W. Fifth Ave. It is behind the strip mall on 5th Ave. just south of Naperville North High School.

It's OK to just show up that night, but if you know you plan to go and help out, please send an e-mail to Kim Weeks at kitehead65@wowway.com.

Thanks so much for helping out! See you in the pool or at Loaves & Fishes on Wednesday, May 7!