

# Naperville WAVES Training Trip

Thursday February 26<sup>th</sup> – Monday March 2<sup>nd</sup>, 2009



**Islander Resort**  
ISLAMORADA  
[www.islanderfloridakeys.com](http://www.islanderfloridakeys.com)

Gracing 1300 feet of beach, the Islander Resort offers vintage island accommodations. We have 20 Lanai Villas reserved and they all are at ground level and **include a kitchenette and screened-in porch.**

**Room Rates:** **Double Lanai Efficiency** \$199 for double occupancy before tax (\$100/person). Includes 2 double beds. Each additional person is \$20 per night – or ~ \$75/night for three and \$60/night for 4 people.

**Complimentary Continental breakfast included**  
Restaurant, bar, exercise room, gift shop on site  
2 heated, beautiful pools – one saltwater

**Phone for reservations: 800.753.6002**

**Make your hotel reservations now & return attached form to Coach Sue to get to reserve your spot. We have pool 20 rooms reserved. This trip is open to nonwaves swimmers for an additional coaching fee.**

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**Name:** \_\_\_\_\_ **Email:** \_\_\_\_\_  
**Preferred phone:** \_\_\_\_\_

**\$30 nonrefundable fee for coaching and pool space / per person is required to hold your spot.**

Estimated fees for trip: \$60 (total) for pool & coaching  
Group dinner Saturday night: \$30 - \$35

Transportation will be provided for those who want to go in on group vans. Please mark here if you are interested. \_\_\_\_\_

**Please make checks out to Naperville Waves Swim Club.  
mail \$30 pool fee to:  
Sue Welker 2269 River Woods Dr. Naperville, IL 60565**