

Waves Open Water Practice, Meet & Event Schedule

Sunday, June 15	10am	Centennial Beach – Naperville
Saturday, June 21		<u>One More Park Ridge 1500</u>
Sunday, June 22		<u>US Women’s Triathlon Series</u> – Centennial Beach
Saturday, June 28		Madison, WI 2.4 mile open water swim
Sunday, July 6	9am	Ohio St. Beach – Chicago
Saturday, July 19		Indianapolis, IN 25k open water swim
Sunday, July 20	9am	Ohio St. Beach – Chicago
Sunday, August 3	10am	Centennial Beach
Sunday, August 3		<u>Evanston Masters Summer Long Course Meet</u>
August 14-17		<u>2008 USMS LCM Nationals</u> – Mt. Hood Comm College, Gresham, OR
Sunday, August 17	9am	Ohio St. Beach – Chicago
Sunday, August 31	9am	Ohio St. Beach – Chicago
Saturday, Sept 6		<u>Big Shoulders Swim</u> – Ohio St. Beach, Chicago
September 15		Last practice for Summer season
October 20		Bermuda Round the Sound Swim www.aquamoonadventures.com
February 26 – March 2, 2009		WAVES Training Trip to the Florida Keys

The off-site schedule will be regularly updated as more events are scheduled for the 2008 summer season. Check back often!

The team pays admission to Centennial Beach for Sunday morning swims, but swimmers cover Wednesday nights. Cost for non-members (Naperville resident or non-resident) is \$3.

For more info go to www.napervillewaves.org